

Dear caregiver,

Southlake Regional Health Centre has made restrictions to visiting to minimize the spread of COVID-19.

For NICU inpatients – only one caregiver at a time is permitted. Exceptions may be made for NICU patients who need daily support of two caregivers (e.g. children with special needs).

It is a requirement to wear a mask when visiting in the NICU.

All visitors must be screen negative – no fever, respiratory symptoms, and/or contact with another person who may be ill.

Caregivers are allowed to leave the NICU and return once per day, or as required to support breast feeding/feeding. Once leaving the NICU, we require that all caregivers leave the hospital in a timely manner, not stopping to use any food or other services/areas within the hospital. Caregivers should travel **only** from the hospital to home. When returning to the hospital, an alternate banded caregiver may visit.

All caregivers are permitted to stay with the baby until 11 p.m. Caregivers are not allowed to stay overnight in the NICU. At this time, the courtesy room will be closed to stay overnight.

Caregivers are welcomed to bring food for the day and eat in the courtesy room. Washroom access will also be in the courtesy room.

Our visiting policy may change based on provincial direction.

We appreciate your cooperation and understanding.

Thank you,

Stephanie Simson
Manager Paediatrics & NICU
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