

Preoperative Surgery Information

Patient Information Sheet

Welcome to Southlake Regional Health Centre. We look forward to providing you with a positive patient experience while you are at Southlake. Please read the following information very carefully since this information is very important to you.

STAY HEALTHY BEFORE YOUR SURGERY

Self-isolate for the two weeks before your surgery. See “How to Self-Isolate” in this package. Consider printing this information and posting it somewhere in your house for easy reference.

VISITORS/FAMILY MEMBERS

At this time, no visitors/family members are allowed to enter the hospital with you. Bring a cell phone with you so that you can keep in touch with the person who dropped you off. If you are unable to come into hospital alone, tell your surgeon so that arrangements can be made.

PREOPERATIVE CLINIC APPOINTMENT

Your surgeon may book preoperative clinic appointments with a nurse, and/or anesthetist. You may also speak to a pharmacist. These appointments may take place by telephone OR computer.

FOR YOUR PREOP CLINIC APPOINTMENT’S PLEASE HAVE THE FOLLOWING READY WHEN WE CALL YOU:

- Medications, vitamins and herbals
- Medication allergies
- Current and past medical history

PREOPERATIVE TESTS

You may need bloodwork, ECG and/or chest x-ray before your surgery. The surgeon’s office will give you a requisition that you can take to a local laboratory to have your tests done. Bloodwork must be done at least 3 days before preoperative clinic appointment. If these tests need to be done at Southlake Regional Health Centre lab you will be given an appointment date and time.

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COVID-19 TEST BEFORE YOUR SURGERY

All patients must have a COVID-19 swab before surgery. Your surgeon's office will let you know a date and time to come for a COVID-19 swab. It is very important that you go on the date and time you have been given. Park in the East parking lot and go to the assessment area tents. Bring your health card with you for your COVID test. You will be given information on how to find your results in the Southlake Patient Portal during your swab. Your surgeon may send you to a COVID-19 Assessment Centre closer to your home (i.e. Barrie or Orillia).

COVID-19 Patient Screening Tool

Your safety is our first priority. You have received a **Covid-19 Patient Screening Tool**. If you experience any symptoms listed on your **COVID-19 Patient Screening Tool** before your surgery, call your surgeon's office. Read and follow the instructions on this form very carefully. Fill out the **Covid-19 Patient Screening Tool** on the day of surgery. Be ready to show the form to our screener when you enter the building.

DAY OF PROCEDURE/APPOINTMENT

1. Please **do not arrive any earlier than 2 hours before your surgery** as we need to make sure there is sufficient space in our waiting areas.
2. Upon arrival at Southlake, prior to entering the building, please call: **905-895-4521**; after the recording, please enter **2868#** and then press **option 1**. Please have your health card ready and be prepared to confirm your demographics
3. Once completed, please proceed to the East Entrance with the completed **COVID-19 Patient Screening Tool** and let screener know you have a booked procedure.
4. The screener will direct you to an area to have your ID bracelet put on and then direct you to Surgical Admissions on the 2nd floor.
5. Arrive wearing a mask if you have one.
6. Be prepared to provide a phone number of your driver. We will call them when you are ready to go home.