

Diagnostic Imaging**Radiography Requisition Patient Preparations**

Physicians please check appropriate box () indicating patient preparation instructions.

Medications can be taken prior to your test with a **small** amount of water.

Diabetics: Please inform patient scheduling at 905-895-4521, ext. 2665 about your diabetes when booking your appointment. If you take insulin, you must consult your doctor about adjusting your dose.

 Barium Swallow / Esophagus, Stomach, Duodenum (ESD) / Upper GI / Small Bowel (SBFT):**Age Preparation**

0-2 Nothing to eat or drink 4 hours before exam

2+ Nothing to eat or drink after midnight

Please note the exam for a Small Bowel (SBFT) may take up to 3 hours to complete.

 Adult Colon / Barium Enema:

Obtain CITROMAG and DULCOLAX tablets and DULCOLAX suppository from your pharmacist. Start the preparation the day before your test. Times shown are approximate.

Noon - Eat a low residue lunch (eg. clear soup, chicken sandwich without butter or lettuce, jello, skim milk).

2 p.m. - Drink a full glass of clear fluid (eg. water, pop, clear fruit juice, beer, tea or coffee with sugar but without cream).

4 p.m. - Drink a full glass of clear fluid.

6 p.m. - Eat a low residue dinner (same as lunch).

7 p.m. - Drink a full glass of clear fluid.

8 p.m. - Drink one bottle of cold CITROMAG.

Drink liberal amounts of clear fluids after each bowel movement. At bedtime, take one DULCOLAX tablet.

Morning of Test - Drink moderate amounts of clear fluids. DO NOT EAT. Upon waking, insert one DULCOLAX suppository in rectum and retain it until a forced evacuation occurs.

 Paediatric Colon / Barium Enema:

There is no preparation for children 10 years and under.

PLEASE NOTE:

- **Bring this requisition and your Ontario Health card.**
- Upon arrival you are required to check-in for your appointment at one of our Welcome Centres or Self-Serve Kiosks before proceeding to Diagnostic Imaging Reception.
- If you are unable to keep your appointment, please call Patient Scheduling at 905-895-4521, ext. 2665.
- **Diagnostic Imaging cannot perform any tests without a requisition signed by a physician.**

The collecting of personal information on this form is done in accordance with Southlake's Privacy Policy. Details regarding this Policy are available on our website, southlake.ca.