

2019/20

REPORT TO OUR COMMUNITIES





Cover

Sheila Verzin (left), past cancer patient with her radiation oncologist, Dr. Tatiana Conrad (right).

Inside Cover

Donors, Darryl and Elaine Iwai (left) Physician, Dr. Lorne Goldman (right).

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MESSAGE TO OUR COMMUNITIES

Dave Wattling, Chair,
Southlake Foundation Board of Directors.



Our communities have always been by our side at Southlake, supporting our efforts to bring the best possible clinical care and patient experiences to our leading edge facility. The past year has been no different. Thanks to generous donors like you, the future of health care for our communities includes innovative care, state-of-the-art equipment, and the right spaces in which to heal.

Last year, the generosity of our communities allowed us to fund urgently-needed equipment, supporting our commitment to provide our expert clinical teams with the right tools and environment to provide the best possible care, close to home. The *Men's Health Initiative* has enhanced the level of urological care we can offer for our fathers, brothers and sons. Similarly, the *Women's Health Initiative* replaced several crucial pieces of equipment that had reached the end of life. And, as our communities came together at events like our largest-ever *Run for*

Southlake and the *Southlake SHIFT Gala*, we made great strides in funding some of the urgently-needed and vital equipment that our Surgical team depends on, including five high definition Surgical Video Towers to support minimally-invasive surgeries for better patient outcomes. These are just a few examples of how, together with our communities, we are ensuring the best possible patient outcomes happen at Southlake.

We are excited by the opportunities to meet the healthcare needs of tomorrow by

“Together, we are making – and will continue to make – an incredible difference as the healthcare needs and services in our communities grow and change.”

supporting the hospital in building healthy communities with outstanding integrated care through innovative partnerships and amazing people. We've seen the success of these partnerships in action already with the new Ontario Health Team (OHT) model and the Southlake@home program. The Foundation will play a key role in executing the hospital's Master Plan and supporting vital projects to enhance patient care at Southlake, including the upcoming Emergent Mental Health Assessment Unit and 12-bed expansion within the adult Mental Health Program. We look forward to launching a new campaign to transform mental health care at Southlake in fall 2020.

As we brought the fiscal year to a close, our focus at the Foundation shifted almost exclusively towards a singular mission: ensuring our hospital's front-line staff were equipped with the tools they need to safely provide care. The outpouring of support from our communities with financial support and gift-in-kind donations has been tremendous. Our COVID-19 Action Fund has already raised more than

\$2.3 million towards personal protective equipment, tools and clinical equipment, and from the earliest days of the pandemic we were fielding countless requests from individuals and businesses big and small who wanted to lend their support through financial donations, gifts of masks, gloves, face shields, gowns, and even snacks, beverages and hand lotion to provide comfort and support to the front-line staff working tirelessly through this pandemic. This generous response and outpouring of kindness has highlighted the power we can have when we come together – and the desire our communities have to be part of what we do at Southlake.

Through this experience, our communities have seen the impact they can have on patients, families, and staff in real time. It's this engagement, connection and momentum that the Foundation will carry forward as we look ahead to our hospital's needs beyond COVID-19. Together, we are making – and will continue to make – an incredible difference as the healthcare needs and services in our communities grow and change.



Dave Watling, Chair
Board of Directors

YOUR IMPACT AT SOUTHLAKE

Our communities invest in Southlake in many ways – through one-time gifts, monthly giving, community events, participation in our special events, corporate giving and partnership, holiday giving, campaign support, response to our emergency COVID-19 Action Fund, and more – with one intent, to ensure we all have access to leading edge care, close to home. Now more than ever, we depend on that support to help fund activity across the hospital, including the purchase of new and replacement tools, equipment and technology that are not funded by the government but are essential to patient care and daily operations at the hospital. And, because of you, our communities can depend on us to deliver the leading edge care, close to home that they expect and deserve.

Last year, your support improved patient outcomes and enhanced care offered across the hospital for the nearly 560,000 patients who turned to us for care. Donor funds enabled the purchase of basic items like hospital beds and specialized

mattresses to prevent pressure wounds and promote faster healing, and funded advanced surgical and diagnostic technology and equipment required for complex and innovative procedures. You helped fund things like a Uroview Table – used 5-7 times a day for the treatment of obstructions due to kidney, bladder and prostate cancers, and other non-urologic cancers that obstruct the kidneys, including but not limited to the bowel. You also enabled us to purchase vital equipment in our lesser known but equally important hospital areas – things that impact all of our patients, like a laboratory freezer and centrifuge for proper storage of lab samples and sterilizers that are essential for cleaning surgical tools between procedures for infection control. And, you helped fund life-saving ventilators that were critical in our response to COVID-19.

Thank you for your support, and for sharing our passion and dedication to providing the leading edge and compassionate care close to home that sets us apart.

In 2019/20 donors supported the health of our communities with \$14.6 million to support the most urgent needs of the hospital, from infrastructure upgrades, patient programs and staff education to new, replacement and upgraded medical equipment, including things like:



CHEMOTHERAPY CHAIRS



ECG CARTS



EMERGENCY DEPARTMENT EXAM TABLES



FLEXIBLE UROLOGY LASER SCOPES



SMART BEDS TO PREVENT PRESSURE WOUNDS



PORTABLE ULTRASOUND



UROLOGY IMAGING TABLE



VENTILATORS



15TH ICU BED



SURGICAL HD VIDEO TOWER



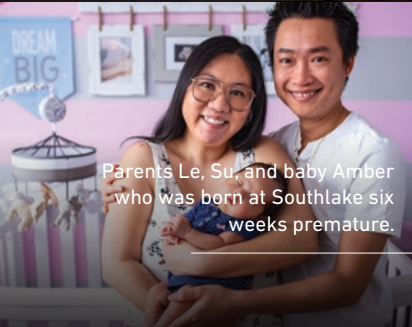
SURGICAL EQUIPMENT STERILIZERS



2019 PJs and Pancakes event.



Leslie, a former breast cancer patient, and her daughter playing at the park in their home town of Bradford.



Parents Le, Su, and baby Amber who was born at Southlake six weeks premature.



Katie, grateful Southlake patient.

HELPING PATIENTS LIKE ETHAN

Ethan was just ten years old when doctors discovered that the relentless pain in his leg was more than just growing pains – it was cancer.

The damage was so severe that Ethan's leg was amputated below the knee, and his parents were devastated. Their joyful and active boy, who loved basketball and moonwalking across the floor, was going to lose his leg. But Ethan's spirits remained positive. When he awoke after surgery, the first thing he said was "Thank you Mommy and Daddy for saving my life."

At first, the Stouffville family spent much of their time travelling back and forth downtown before discovering Southlake's Paediatric Oncology Clinic, which operates in partnership with SickKids and the Pediatric Oncology Group of Ontario. They were hesitant at first to take Ethan somewhere that wasn't familiar, but from the moment they walked in the doors at Southlake they were treated like family.

In the midst of six cycles of chemotherapy, Ethan was looking forward to watching one

of the final NBA playoff games with his favourite team when a fever landed him back at Southlake. But his caring team at Southlake wasn't about to let him miss the big game. They turned the hospital playroom into Jurassic Park, with decorations and a basket filled with concession snacks and a special ticket to give him VIP access. A doctor even gave Ethan their own Toronto Raptors jersey to wear and keep.

Donors like you make this kind of compassionate care possible. When our clinical teams have the tools and equipment they need, they can spend more time supporting every aspect of a patient's care. And this kind of compassion is vital in building hope and resilience in patients like Ethan, who has now completed his cancer treatment and is back to playing basketball with his new leg.



“There’s nothing the staff wouldn’t do to bring joy to our son during the most challenging time in his young life.”

Cherin, Ethan’s mother

Ethan playing basketball shortly after completing his chemotherapy treatments at Southlake.

OUR COMMUNITIES COMING TOGETHER

2019 SPECIAL EVENTS

Events are a valuable opportunity for us to come together with our communities as well as a vital source of revenue for our hospital and instrumental in raising funds for our most urgent needs. We are grateful to the widespread community involvement in our Community and Special Events. We are particularly thankful for those who showed leadership to make over 100 community-based events, and our Special Events such a success!

More Than \$2 Million Raised Through Special Events

The 2019 *Nature's Emporium Run for Southlake* brought together more than 1,800 participants, sponsors and supportive community members. We were incredibly proud of the show of support from our very own Hospital Family – Southlake clinical and non-clinical staff, students and volunteers. More than 230 of them came out on their day off to participate as part of one of 18 different department teams, and contributed almost \$20,000 in support of the event. Last year's *Southlake Golf Tournament*,

presented by **AirBoss of America** provided vital support for our busy Surgical Program to upgrade critical end-of-life surgical equipment that was in urgent need of replacement, and addressing the most urgent needs within our dated surgical suites, enabling us to keep pace with leading edge care and the most advanced technology for our patients.

More than 700 community and business leaders came together for the 2019 *Southlake SHIFT Gala*, presented by **Pfaff Automotive Partners**, which raised more than \$1 million in support of Southlake's most urgent needs including, among other equipment, a total of 5 Surgical HD Video Towers that are vital for making advanced, minimally-invasive procedures possible.

Our sincere thanks to everyone who participated or donated in support of these important events, as well as the dedicated organizing committee members and volunteers whose passion, dedication and time were instrumental in their success.



2019 NewRoads LakeRide.



2019 York Regional Police Be A Hero head shave event in support of Southlake's Paediatric Oncology Clinic.



Georgina Professional Fire Fighters Association fundraiser in support of breast cancer patients.



Participants cross the finish line at the 2019 Nature's Emporium Run for Southlake.



The Southlake Foundation celebrating the kick-off of the 2019 Tim Hortons Smile Cookies campaign in support of the hospital's most urgent priorities.



2019 Polo for Heart in support of Southlake's Regional Cardiac Care Program.



2019 Tim Hortons Smile Cookies cheque presentation.



2019 Voting Meeting of the Ladies in Philanthropy for Southlake.



Dr. Carolyn Teng performs a minimally-invasive mitral valve surgery to repair a faulty heart valve.

The Benefits of the Latest Technology

Containing high-definition cameras and screens, Surgical HD Video Towers act as a surgeon's eyes during innovative, minimally-invasive surgery. Thanks to donor support, these new towers replaced current equipment at Southlake that was 15 years old and at the end of life, and provides much greater accuracy and precision images thanks to the latest advancements in technology.

For patients, this means:

- access to the fastest, most accurate treatment
- shorter and less painful recovery
- less scarring
- greatly reduced risk of infection post surgery meaning shorter hospital stay and fewer follow-up visits
- best possible outcomes.



2019/20 FINANCIALS

2019/20 FINANCIALS

	2019/20	2018/19
	\$	\$
Revenue	12,652,877	8,950,958
Expenses	4,113,500	3,583,173
Grants to Southlake Regional Health Centre	5,438,894	4,042,339
Endowment Funds	23,263,203	26,178,130
Funds Available to grant	4,193,048	1,039,844

Full financial statements are available at southlakefoundation.ca/about/finances.

WHERE DID THE SUPPORT COME FROM?

● Individuals	\$6,932,025	47%
● Foundations & Corporations	\$4,815,462	33%
● Community Fundraising	\$879,160	6%
● Special Events	\$2,004,664	14%
TOTAL	\$14,631,311	100%



Revenue is the net of donor support and realized/unrealized investment gains/losses.

GOVERNANCE & LEADERSHIP VOLUNTEERS

Our sincere thanks to the dedicated governance and leadership volunteers who make our work possible, supporting Southlake's vision through their passion, dedication and commitment to improving the health of our communities.

Board Of Directors*

Dave Watting, Chair

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Watting Group Inc.

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Chair, Governance
& HR Committee

VP, Scientific & Medical Affairs,
Cipher Pharmaceuticals Inc.

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Investment Committee

President, Proteus Performance
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Barbara Bellissimo

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Licensed Real Estate Broker,
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Partner, Affinity

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Chair, Philanthropy Cabinet
CEO, Pfaff Automotive Partners

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Chairman, Van-Rob Realty

Judson Whiteside

Chair, love lives here
Campaign Cabinet
Of Counsel, Dickinson Wright LLP

Ex-officio

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Health Centre Board of
Directors

Partner, Peloton Capital
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Arden Krystal

President & CEO, Southlake
Regional Health Centre

Dr. Julius Toth

Chair, Physicians' Council
Physician Lead of the Surgical
and Regional Thoracic
Programs, Southlake Regional
Health Centre

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Member of Parliament for
Newmarket-Aurora

Christopher Pfaff, Chair (from October 2019)

CEO, Pfaff Automotive Partners

Paul Bailey

President, Bazil
Developments Inc.

Allen Baker

Partner, National Markets
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Michael Croxon

Owner, NewRoads Automotive

Caitlin Fell

Partner, Weisz Fell Kour LLP

Nicholas Fidei

President, Treasure Hill Homes

Paul Hewitt

Vice President of Operations,
Pfaff Automotive

*Listings accurate as of March 31, 2020. For a list of current members, visit <https://southlake.ca/foundation/about/our-people/>

Steve Hinder

Manager, Magna for
Community (retired)

Richard Reininger

Lead Volunteer,
Men's Health Initiative

Cliff Sifton

Owner, Armadale
Company Limited

Neil Stratton

Director and Portfolio Manager,
Scotia Wealth Management

Peter van Schaik

Chairman, Van-Rob Realty

Physicians' Council***Dr. Julius Toth, Chair**

Physician Lead of the
Surgical and Regional
Thoracic Programs

Dr. Peter Anglin

Physician Leader,
Regional Cancer Program

Dr. Omodele Ayeni

Plastic Surgeon

Dr. Steven Beatty

Chief of Staff, SRHC

Dr. Eddie Chan

Physician Leader,
Emergency Medicine Program

Dr. Tatiana Conrad

Radiation Oncologist

Dr. Chris Coutinho

Anesthesiologist

Dr. David Fell

Cardiologist

Dr. Anne Fortier

Obstetrician-Gynecologist

Dr. Alisha Kassam

Medical Director,
Paediatric Oncology and
Palliative Physician

Dr. Daniel Kim

Anesthesiologist

Dr. Matthew Laskin

Obstetrician-Gynecologist

Dr. Morrie Liquornik

Chief of Surgery

Dr. Farah Manji

Anesthesiologist

Dr. Gaurav Mehta

Psychiatrist

Dr. Mahdi Memarpour

Chief of Psychiatry

Dr. Charles Peniston

Cardiac Surgeon

Dr. Manu Prabhakar

Medical Director,
Structural Heart

Dr. John Randle

Physician Leader,
Quality and Patient Safety

President,
Medical Staff Association
Orthopaedic Surgeon

Dr. Sara Temple

Surgical Oncologist

Dr. Carolyn Teng

Cardiac Surgeon

Dr. Kira Tone

Anesthesiologist

Dr. Charmaine van Schaik

Chief of Paediatrics &
Medical Director,
Paediatric Outpatient Clinics

Dr. Zaev Wulffhart

Physician Leader,
Regional Cardiac Care Program

We are so grateful for our
members who sit on our
Finance & Investment,
Governance & HR, Audit, and
Development committees

Barbara Dawson

Consultant, Investors Group

Dave Greenwood

Vice President Distribution
Initiatives Advisory Network
at Canada Life

Bruce Herzog

COO of The Scott Mission

Derek Lederer

Partner at Truster Zweig LLP

Paul Roberts

Partner at Lipton LLP

Richard Roos

COO for Ventera Realty
Management Company

Brad Smith

Partner at Smith, Sykes,
Leeper & Tunstall LLP

Neil Stratton

Certified Financial Planner

Martin Toner

Director, Institutional Research,
Growth and Innovation at
ATB Capital Markets

LOOKING TO THE FUTURE

We brought our fiscal year to a close just weeks into the COVID-19 pandemic. The situation has placed unprecedented strain on our hospital and shifted the landscape of fundraising as we know it. Together with you, we will adapt to ensure our clinical teams can continue to provide the best possible care at Southlake.

That's why we established the COVID-19 Action Fund, which, thanks to the generosity of our communities, has already raised more than \$2.3 million and continues to make a life-saving difference for many patients, supporting critical equipment like:



Medical Field Tents to increase our surge capacity for COVID-19 patients



Ventilators to provide life-sustaining support for those with compromised lung function



Glidescopes for controlled intubation for greater accuracy and protection for healthcare workers



Personal protective equipment to keep front-line staff safe

Our communities have rallied behind us during this pandemic in more ways than we ever could have expected, and we are truly grateful for this outpouring of support for Southlake's response to COVID-19. And you didn't stop at supporting our patients – our donors have made sure that our tireless front-line staff were taken care of as well, generously donating food, beverages, hand lotion, and so much more to ensure the comfort and support of the clinical teams who were away from their families so they could take care of yours.

For details on our community response to COVID, visit southlakefoundation.ca.



Dr. Zaev Wulffhart, Physician Leader of Southlake's Regional Cardiac Care Program uses innovative diagnostic technology in Southlake's advanced Electrophysiology (EP) Suites.

Beyond COVID-19, our ongoing urgent priorities are still very much a reality. More and more equipment is reaching the end of life every day, and in desperate need of replacement. Since funding from the government does not cover new or replacement equipment, Southlake relies on the generosity of our communities to help raise much needed funds, so that our clinicians will have ability to provide leading edge care close to home for the 1.5 million people who depend on us. Thank you!

Our physical space is as much a part of our challenge as equipment. Our hospital is bursting at the seams, and accommodating the pressing demands and increasing volumes of our fast-growing communities – one of the fastest growing in the province – is a continuing challenge. We are so grateful for the donor support from people like you that makes it possible for us to bring leading edge care close to home for everyone who needs it – today and into the future.

MENTAL HEALTH

Our communities share our passion for providing the best possible care, close to home. If we've seen anything as we've navigated this pandemic, it's the power we can have when we work together. The road ahead may be challenging, but we're confident knowing that our communities are by our side so we can continue to be by theirs.

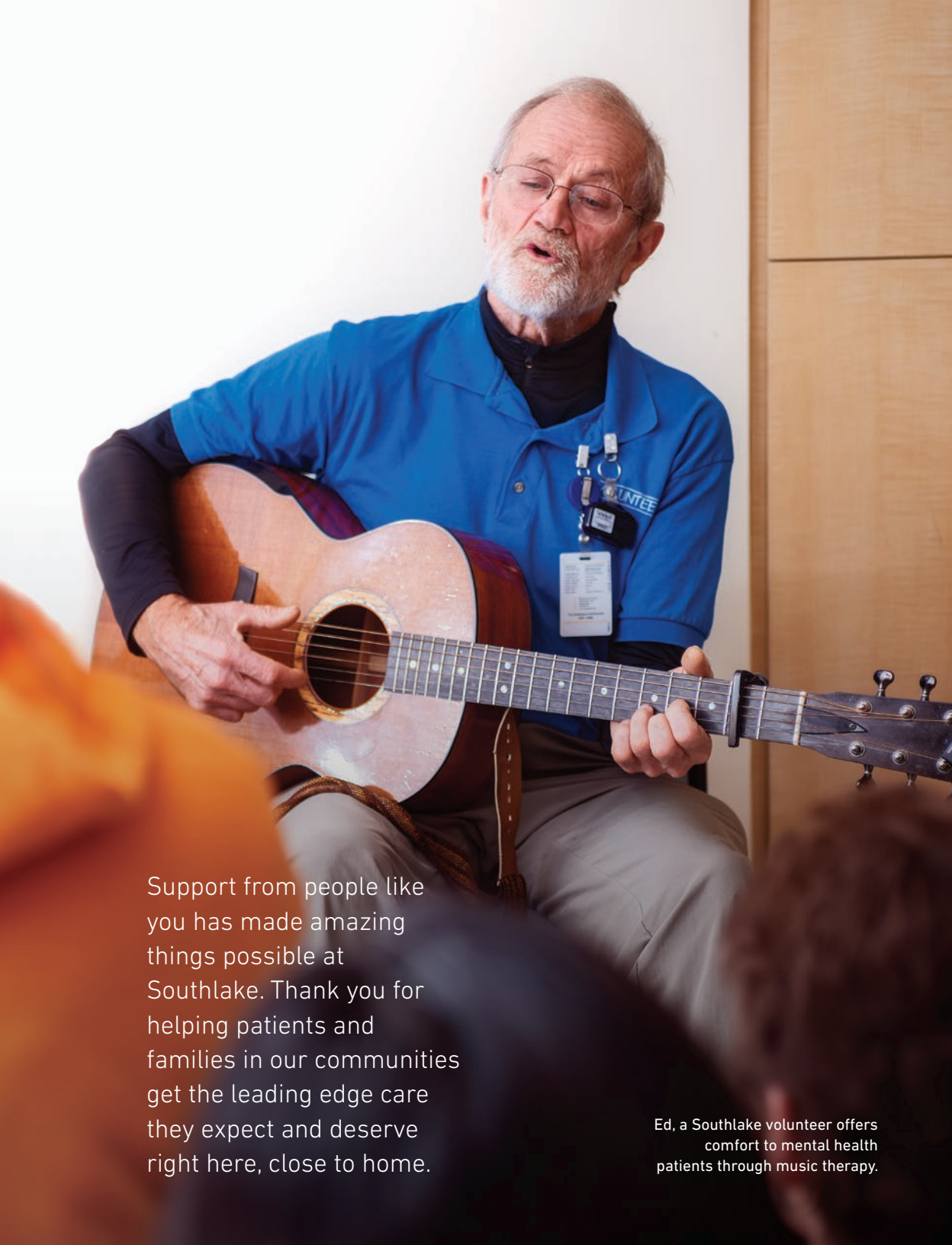
As such, we are excited for the opportunity to have a very real impact on the most pressing need at Southlake today – the space where we deliver our mental health care.

Our communities continue to see drastic increases in the need for acute mental health care that only hospitals can provide. People with psychosis and schizophrenia, new mothers experiencing post-partum depression, seniors with dementia, people with anxiety, parents with depression as a result of COVID-19. These are our neighbours, our colleagues, our friends, our family. Ourselves. The mental health crisis is close to home. Care should be too.

While the population in our communities continues to grow, and the need for mental health care along with it, the space for treatment has not. Our environment isn't just outdated and substandard: it's an unacceptable barrier to providing the best possible care and support for patients and their families. Southlake's current adult mental health spaces are small, overcrowded and lack the necessities that allow optimal healing and recovery.

That's why we are building a new Emergent Mental Health Assessment Unit with six private rooms to replace the stressful and inadequate intake area for mental health patients within our Emergency Department. We will also build a new a 12-bed expansion to our Adult In-patient Mental Health Unit, providing enhanced privacy in an open, welcoming and supportive environment that has been designed to the latest standards of care to promote healing, recovery and the best patient outcomes.

Mental Health IS health. With the help of generous supporters like you, we will transform the way we provide mental health care at Southlake. Prioritizing these enhanced, modern spaces isn't just what our mental health patients deserve, it's what they need. Together, we can bring Southlake's Mental Health Program to a modern physical space standard of care, and provide better care faster for your family, friends, and neighbours.



Support from people like you has made amazing things possible at Southlake. Thank you for helping patients and families in our communities get the leading edge care they expect and deserve right here, close to home.

Ed, a Southlake volunteer offers comfort to mental health patients through music therapy.

THANK YOU FOR INVESTING IN THE HEALTH OF YOUR COMMUNITIES.



Medical Arts Building
581 Davis Drive, Suite 102
Newmarket, ON L3Y 2P6

T: 905.836.7333
F: 905.836.5651
TF: 877.457.2036

southlakefoundation.ca
foundation@southlakeregional.org

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Help us deliver more impact next year!
Call 905.836.7333 or donate online at
southlakefoundation.ca/donate.



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