

596 Davis Drive  
 Newmarket, ON L3Y 2P9

Neurology Laboratories

Health Record #: _____	Complete or place barcoded patient label here	
Patient Name: <i>(Print first, last)</i> _____		
DOB: <u>dd</u> / <u>mm</u> / <u>yy</u>	Age: _____	<input type="checkbox"/> Female <input type="checkbox"/> Male
OHIP #: _____	Version Code: _____	
Account #: _____	Date of Admission: <u>dd</u> / <u>mm</u> / <u>yy</u>	

## Electroencephalogram (EEG) Requisition-Neurology Laboratories

 OUT-PATIENT  IN-PATIENT

Patient Name: <i>(print first, last)</i>		Appointment Date: <u>dd</u> / <u>mm</u> / <u>yy</u>	
Address: _____		Appointment Time: _____	
Street Number + Name	Apartment		
City	Province	Postal Code	Arrival Time: _____
Health Card Number: _____		Version Code: _____	Hospital Record #: _____
Other Insurance: _____		WSIB Number: _____	Date of Birth: <u>dd</u> / <u>mm</u> / <u>yy</u>
Home: ( ) _____		Work/Other: ( ) _____	Patient Weight: _____ kg
Date: <u>dd</u> / <u>mm</u> / <u>yy</u>	Previous EEG? <input type="checkbox"/> Yes <input type="checkbox"/> No		If Yes, provide Date: <u>dd</u> / <u>mm</u> / <u>yy</u>
<b>To book an appointment call (905) 895-4521, ext. 2665. Fax completed requisitions to (905) 830-5965</b>			
Provisional Diagnosis:			
History:			
Medications:			
Positive Findings:			
Referring Physician: <i>(print first, last)</i>			Date: <u>dd</u> / <u>mm</u> / <u>yy</u>
Signature: _____		CPSO # _____	Office Phone: ( ) _____
Address: _____			Fax Number: ( ) _____

### ATTENTION PHYSICIAN

#### 1. Preparation for EEG

- a) Please ask your patient to eat a regular meal (or at least a snack) before the EEG appointment time to help stabilize blood sugar level.
- b) The patient must wash their hair thoroughly before the test.
- c) Patients should continue to take their normal medications, unless directed otherwise.

#### 2. For child sleep-deprived EEG, please instruct parent(s) to follow instructions below: **Book Appointment Times**

newborn - 3 years	Do not let nap in the a.m.	Afternoon
4 - 7 years	Keep child awake from 2 a.m.	Morning
8 - 12 years	Keep child awake from midnight	Morning
greater than 12 years	Keep child awake all night	Morning

\*Do not give child any food or drink containing caffeine (e.g. coke, chocolate, tea, coffee) prior to test. Do not let child sleep on way to hospital.

#### 3. Adults booked for sleep deprived EEG's are to stay awake for 24 hours.

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**What is an EEG (Electroencephalography)?**

*An EEG is a diagnostic test that gives important information about the health and functioning of the brain. It is comfortable, safe and painless.*

**Who performs the EEG?**

*An EEG is performed by an EEG Technologist who has completed a training program approved by the Canadian Board of Registered Neurophysiology Technologists.*

**What is a sleep deprived EEG?**

*It is an EEG in which the patient stays up all or part of the night before the test. Details of this EEG will be given when you appointment is made.*

*The EEG Technologist will:*

- 1. Prepare the patient for the procedure.*
- 2. Operate the machine.*
- 3. Prepare data for the electroencephalographer (a physician who interprets EEGs).*

**How is the EEG performed?**

- 1. A brief medical history will be obtained.*
- 2. The Technologist will measure your head and have you lie down on a stretcher.*
- 3. Small gold-silver plated disks will be applied to your scalp with water-soluble clear paste.*
- 4. You will be asked to be still and relaxed; you will feel nothing.*
- 5. The actual recording takes approximately 30 minutes. The technologist ask for you to breathe deeply for three (3) minutes; this may cause some tingling in your extremities and some mild dizziness. This is a normal reaction and will pass after deep breathing is over.*
- 6. A flashing light will be placed in front of your closed eyes. You may see different designs, colours, etc.*
- 7. You should allow approximately 60 minutes to complete the EEG.*
- 8. A normal schedule may be resumed after the test unless the Technologist informs you differently.*

**Preparation for routine EEG**

- You must have clean and dry hair free of any hair styling products (i.e., gel, mousse, and hairspray)*
- You can eat breakfast or lunch prior to test.*
- Please do not consume any alcohol or caffeine.*

**Preparation for Adult sleep deprived EEG**

- You must stay awake 24 hours prior to test.*
- You must not consume alcohol or caffeine during this period and should eat a normal breakfast.*
- You should also not play video games or work on the computer during this time.*
- You may watch television.*
- It is recommended that you have someone drive you to and from the test.*
- You must have clear and dry hair free of any hair styling products (i.e., gel, mousse, and hairspray).*
- It is advised that you return home to sleep after the EEG is completed.*