SouthlakeHealth
Leading Edge Care. Close to Home.

596 Davis Drive
Newmarket, ON L3Y 2P9

Child & Adolescent Mental Health
FAX: 905-830-5979

Health Record #: ______ Complete or place barcoded patient label here
Patient Name: *(Print first, last)* ______
DOB: dd / mm / yy Age: ______ ❑ Female ❑ Male
OHIP #: ______ Version Code: ______
Account #: ______ Date of Admission: dd / mm / yy

Young Adult Eating Disorders Program Referral (Patients between 17.5 and 24.5 years of age)

Please print legibly. FORMS THAT ARE NOT COMPLETE OR NOT CLEARLY PRINTED WILL BE RETURNED.

IMPORTANT: Our program serves patients with **a BMI of 17.5 and above.** Patients with a BMI below 17.5 should NOT be referred.

Patient's Name: *(print first, last)*

Date of Birth: dd / mm / yy

Address: Street Number and Name | Apartment | City | Province | Postal Code

Phone Number: ❑ can call this number ❑ can leave messages ❑ on voicemail ❑ with person

Alternate Number: ❑ can call this number ❑ can leave messages ❑ on voicemail ❑ with person

Sex: ❑ Male ❑ Female | **Health Card #:** | **Version Code:**

Family Physician: *(print first, last)* | **Phone Number:**

Emergency Contact: *(print first, last)*

Relationship to Patient: | **Phone Number:**

Mailing Address: Street Name and Number | Apartment | City | Province | Postal Code

Reason for Referral:

Has this patient been referred to any other treatment facility/person for her/his eating disorder at the same time that they are being referred to Southlake Health? ❑ NO ❑ YES *(If **YES**, where are they being referred?)*

______

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PRESENTING PROBLEM(S)	DIAGNOSIS
1.	
2.	
3.	

WEIGHT & HEIGHT: Please provide a growth chart or complete growth history in addition to below	
Please record **Current Weight** **Date taken:** dd / mm / yy ______ kg or ______ lb.	Please record **Current Height** **Date taken:** dd / mm / yy ______ cm or ______ ft/in
Lowest Previous Weight: **Date of lowest wt:** dd / mm / yy lb. ______ kg or ______ lb.	**Highest** Previous Weight: **Date of highest wt:** dd / mm / yy ______ kg or ______

Weight Loss	Onset	Duration	Precipitating Factors
❑ No ❑ Yes ______ **kg**	dd / mm / yy		

WEIGHT CONTROL METHODS	No	Yes	WEIGHT CONTROL METHODS	No	Yes
Food Restriction			Ipecac		
Binge			Diet Pills		
Vomiting			Exercise		
Laxatives			Other		
Diuretics					

MENSES: *(if applicable)*	Menarche:
	Usual Cycle:
	Last Menstrual Period:
	Last Normal Menstrual Period:
	1° amenorrhea:
	2° amenorrhea / length:

MEDICATIONS:
Prescribed: *Name(s) & dose(s) & frequency*
Non-prescription: *Name(s) & dose(s) & frequency*

SL1641HIS_10 (09/22) "Child & Adolescent Mental Health" Review (09/25)

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ECG & LAB WORK: *Please have all of the following completed and faxed to us at time of referral*

Sodium	Potassium	Chloride	Glucose	Urea	Calcium	Phosphate	ALT	Amylase
Total Protein	Albumin	Creatinine	TSH	AST	CBC, Diff., Platelets	ESR	Electrocardiogram	

MEDICAL STABILITY: ** VERY IMPORTANT...PLEASE FILL OUT COMPLETELY WITH CURRENT INFORMATION**

Blood Pressure	**supine**	**standing**	**Date taken:** dd / mm / yy
Heart Rate	**supine**	**standing**	**Date taken:** dd / mm / yy

PRIOR MEDICAL DIAGNOSES AND/OR TREATMENT FOR THIS CONDITION AND/OR OTHER CONDITIONS

Previous history of hospitalization for an Eating Disorder ❑ No ❑ Yes *(If yes, when & where)* ____________
Previous out-patient treatment for an Eating Disorder ❑ No ❑ Yes *(If yes, when & where)* ____________
Name of Healthcare Provider and tel. #: ____________
Other medical diagnoses: ____________

PRIOR PSYCHIATRIC DIAGNOSES AND/OR TREATMENT:

❑ Suicidal behaviour ❑ Self Harm Behaviours ____________
❑ Suicidal Ideation or Intent ❑ History of CAS involvement ❑ OCD
❑ Borderline Personality Disorder ❑ Depression ❑ History of Abuse ❑ Sexual ❑ Physical ❑ Emotional
❑ Residential Treatment ❑ History of Legal trouble *(police involvement)*
❑ Anxiety Disorder ❑ Substance Abuse ❑ ETOH ❑ Other ____________

Please return all forms to: **Eating Disorder Program**
Southlake Health
596 Davis Drive, Newmarket L3Y 2P9

Attention: Intake Worker
Phone: (905) 895-4521 ext. 2825
Fax: (905) 830-5979

COMPLETION CHECKLIST: ❑ Have you completed all 3 pages of this referral form? ❑ Attached or faxed all lab results? ❑ Attached or faxed all ECG

PLEASE NOTE: Please complete all sections. Your patient cannot be assessed at the Eating Disorder Program at Southlake Health until ***all*** this information has been received by us. Please use the *Completion Checklist* above to ensure you have included everything necessary for us to proceed with scheduling an assessment appointment for your client. **I understand that ongoing medical monitoring by the family/referring physician is a requirement for participation in the YAEDP**

BY SIGNING THIS FORM, I CONFIRM THAT THIS PATIENT IS AWARE OF THIS REFERRAL

Referring Physician: *(print first, last)* **Billing #:**
Signature: **Date:** dd / mm / yy
Address: Street Number and Name Apartment City Province Postal Code
Telephone Number: **Fax Number:**
Are you? ❑ Family Physician ❑ Other *(specify)* ____________