

Need help with breastfeeding? We can help!

One to One Support

Public health nurses with lactation training offer breastfeeding support through home visits and clinic appointments.

Durham Health Connection Line

Public health nurses provide confidential telephone advice and access to other breastfeeding services in the community.

Breastfeeding Information

Visit durham.ca/breastfeeding for more information or to take a **FREE** online breastfeeding class.



DURHAM
REGION
HEALTH
DEPARTMENT
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Durham Health Connection Line
905-668-2020 or 1-800-841-2729
durham.ca/breastfeeding

If you require this information in an accessible format, contact 1-800-841-2729.



YouTube

