

596 Davis Drive Newmarket, ON L3Y 2P9

Health Record #:		Complete or place barcoded
Patient Name: (Print first, last)		patient label here
DOB: dd / mm / yy	Age:	Female
OHIP #:	Version Code:	
Account #:	Date of Admission:dd _/ mm_/yy	

Cardiac Diagnostics Referral

Garulac Diagnostics Referral	Please tax to (905) 830-5810			
☐ IN-PATIENT – for STAT ECHO, page Cardiologist on-call	☐ OUT-PATIENT: ☐ Urgent (less than 2 weeks) ☐ Routine			
Patient Name: (print first, last)	Date of Birth:dd/_mm/_yy			
Address: Street Number + Name Apartment	nt City Province Postal Code			
Health Card Number:	Version Code:			
Other Insurance:	WSIB Number:			
Contact Number:	Alternate:			
EXAMINATION(S) REQUESTED	CLINICAL INFORMATION * You must complete this section.			
Cardiac Structure and/or Function Assessment	An incomplete requisition will cause a delay in service to your patient.			
☐ Echocardiogram	Reason for Request:			
 □ Transesophageal Echocardiogram (TEE - must be NPO greater than 6 hours, specialists referral only, safety screening form must be completed with requisition) □ Echocardiogram with Ultrasound Enhancing Agent (Definity) □ Echocardiogram with Bubble Study 	□ Chest Pain □ History of MI □ Dyspnea □ Stroke/TIA □ Palpitations □ CHF □ Arrhythmia □ Murmur/Valve Disease □ Syncope □ Pericardial Effusion			
Date of last ECHO <u>dd</u> / <u>mm</u> / <u>yy</u>	□ Post PCI/CABG □ Other			
Stress Testing/Ischemic Testing Exercise Stress Test Exercise Stress ECHO (Out-Patient only) Monitoring ECG Ambulatory ECG Monitoring (holter) Hours: 48 72 Days: 7 14 (out-patient only)				
BY SIGNING THIS REQUISITION, I CONFIRM THAT THIS PATIENT IS AWARE OF THIS PROCEDURE. PLEASE FAX COMPLETED REQUISITION TO 905-830-5810 TO SCHEDULE AN APPOINTMENT. NOTE: THIS REQUISTION WILL BE TRIAGED BY THE CARDIAC DIAGNOSTICS DEPARTMENT. PATIENT PREPARATIONS AND INSTRUCTIONS ON REVERSE SIDE.				
Referring Physician: (print first, last)	Billing #:			
Signature:	Date: dd / mm / yy			
Office Phone: ()	Fax Number: ()			
COPY OF REPORT TO: Family Doctor:				
The collecting of personal information on this form is done in accordance with Southlake Health's Privacy Policy. Details are available on our website, www.southlake.ca				



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southlake.ca

Diagnostic Imaging

Cardiac Diagnostics Patient Preparation and Information

*Please arrive 15 minutes prior to your appointment to allow time for registration and hold your appointment time.

Regular Exercise Stress Test (Duration: 45 mins)

- . Bring a current list of any medications you are taking
- Wear loose fitting, comfortable clothing including rubber sole walking/running shoes
- Avoid alcoholic beverages for a minimum of 24 hours prior to the test
- Avoid smoking for a minimum of two (2) hours prior to the test

Holter Monitor 24 hr, 48 hr, 72hr, or 14 days (Duration: 30 mins)

- No special preparation required
- · Bring a current list of any medications you are taking

Echocardiogram (Duration: 60 min)

Avoid the use of powder or creams on your chest or stomach the day of your test

Transesophageal Echocardiogram (Duration: TEE - 2 to 3 hours)

- Have nothing to eat or drink after midnight prior to your test. You may take your medications in the morning with a sip of water.
- You will be receiving a sedative. You must arrange for a responsible adult to drive you home from the hospital after your test.
- DO NOT DRIVE for 24 HOURS
- Bring a current list of any medications you are taking

Exercise Stress Echocardiogram (Duration: 2 hours)

- · Bring a current list of any medications you are taking
- Wear loose fitting, comfortable clothing including rubber sole walking/running shoes

Echocardiogram with Ultrasound Enhancing Agent (Definity) (Duration: 1.5 hours)

- Bring a current list of any medications you are taking
- An intravenous line will be inserted into your arm to deliver the contrast agent

Instructions for In-patient and Out-patient TEE

- No food or drink for 6 hours prior
- Meds with sips can be given at least 2 hours prior (with preference to AVOID diuretics if possible)
- Patient must have IV access
- No driving for 24 hours post TEE
- Please indicate on requisition if patient has previous surgery or known disease of esophagus or stomach