

Diagnostic Imaging

Ultrasound Patient Preparation and Information

PATIENT PREPARATION:

Obstetrical/Pelvic Examinations:

A **full** bladder is required for this examination. **Finish drinking 4 large glasses** (32 oz/950ml) of clear fluid (water, coffee, juice, tea – no milk) **1 hour before** your appointment time. **Do Not Void** until after the examination is finished. This examination usually takes 30 minutes.

Upper Abdomen Examination: (Liver, Pancreas, Gall bladder, Kidneys, Spleen, Aorta, Biliary Tree, Lymph Nodes)

Please **do not eat or drink** for 8 hours before your appointment time. You may take your medication with water. This examination usually takes 30 minutes. For children under 6 years of age: no preparation required.

Combination Examinations:

Upper Abdomen + Pelvis/Obstetrical

A **full** bladder is required for this examination. Please **do not eat** for 8 hours before your appointment. **Finish drinking 4 large glasses** (32 oz/950ml) of clear fluid (water, coffee, juice, tea – no milk) **1 hour before** your appointment time. **Do Not Void** until after the examination is finished. The entire examination usually takes 45 minutes.

Other Ultrasound and Vascular Examinations:

No preparation required.



PRIVACY POLICY DOCUMENTATION

via QR code link below or via Southlake's
privacy office webpage