

***Nuclear Medicine Patient Preparation and Information*** (please provide to patient)

PATIENT PREPARATION:		ESTIMATED TIME IN NUCLEAR MEDICINE
<input type="checkbox"/> <b>BONE</b>	<ul style="list-style-type: none"> <li>No preparation</li> </ul>	20 minutes ( <i>first visit</i> ) - for injection, you may leave the department after. 1 hour ( <i>second visit</i> ) – Return 2 to 4 hours later for imaging
<input type="checkbox"/> <b>BRAIN SPECT</b>	<ul style="list-style-type: none"> <li>No caffeine or alcohol for 24 hrs before scan</li> <li>Bring a list of your medications</li> </ul>	2 hours
<input type="checkbox"/> <b>GALLIUM</b>	<ul style="list-style-type: none"> <li>No preparation</li> </ul>	15 minutes ( <i>1st day</i> ) – for injection 45 minutes ( <i>2nd day</i> ) – for imaging
<input type="checkbox"/> <b>HIDA</b>	<ul style="list-style-type: none"> <li>Nothing to eat or drink after midnight</li> </ul>	1 to 3 hours
<input type="checkbox"/> <b>GASTRIC EMPTYING TEST (GET)</b>	<ul style="list-style-type: none"> <li>Nothing to eat or drink after midnight</li> <li>Notify the department if you have an allergy to eggs (905-895-4521, ext. 2564)</li> </ul>	2 hours
<input type="checkbox"/> <b>LIVER OR LUNG</b>	<ul style="list-style-type: none"> <li>No preparation</li> </ul>	1 hour
<input type="checkbox"/> <b>MECKELS</b>	<ul style="list-style-type: none"> <li>Adults 18 years or older: obtain Famotidine (Pepsid, etc.) pills at your local pharmacy. Take 20mg of Famotidine 12 hrs prior to appointment time. Nothing to eat or drink after taking the Famotidine.</li> <li>Children under 18: will be premedicated via an IV solution in the department the morning of the test. Do not give the child any food or drink after midnight</li> </ul>	1 to 2 hours
<input type="checkbox"/> <b>PARATHYROID SCAN</b>	<ul style="list-style-type: none"> <li>No preparation</li> </ul>	1 hour ( <i>1st visit</i> ) 2 appointment times ½ hour ( <i>2nd visit</i> ) 2 ½ to 3 hours apart
<input type="checkbox"/> <b>RBC LIVER SCAN</b>	<ul style="list-style-type: none"> <li>No preparation</li> </ul>	1 hour ( <i>1st visit</i> ) 2 appointment times 40 minutes ( <i>2nd visit</i> ) 4 ½ to 6 hours apart
<input type="checkbox"/> <b>RENAL SCAN</b>	<ul style="list-style-type: none"> <li>Drink 3 to 4 glasses of fluids prior to arrival</li> <li>May empty your bladder</li> <li>Bring a list of your medications</li> <li>Know your weight and height</li> </ul>	1 ½ hours
<input type="checkbox"/> <b>SALIVARY</b>	<ul style="list-style-type: none"> <li>No preparation</li> </ul>	1 ½ hours
<input type="checkbox"/> <b>THYROID UPTAKE WITH SCAN</b>	<ul style="list-style-type: none"> <li>Off thyroid medication for 2 weeks</li> <li>No IVP or CT contrast for 2 months</li> <li>Off kelp or vitamins with iodine for 2 weeks</li> </ul>	15 minutes ( <i>1st visit</i> ) - for pill 45 minutes ( <i>2nd day</i> ) – for imaging
<input type="checkbox"/> <b>THYROID SCAN ONLY</b>	<ul style="list-style-type: none"> <li>Same preparation as Thyroid Uptake Scan</li> </ul>	45 minutes



**PRIVACY POLICY DOCUMENTATION**  
via QR code link below or via Southlake's  
privacy office webpage