

## **Neurology Laboratories**

## Electromyography (EMG) / Nerve Conduction (NCS) Requisition Patient Preparation and Information

## IMPORTANT INFORMATION FOR EMG PATIENTS

- Please arrive 20 minutes before your test. Late arrivals may result in losing your appointment.
- Please bring your Health Card, this requisition and any other pertaining documents.
- Please ensure skin is clean and dry without lotions, oils, or creams.
- Please wear loose, comfortable clothing (please wear short sleeves and shorts to allow easy access).
- Please bring a list of your current medications. You may take your medication as usual.
- Wear warm gloves and socks on cool days as having cold hands or feet can affect the test.

\*NOTE: You will be undergoing a test using electrical stimulation of nerves and a recording needle in some muscles to diagnose your condition.