SouthlakeHealth
Leading Edge Care. Close to Home.

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Nuclear Medicine Patient Preparation and Information *(please provide to patient)*

PATIENT PREPARATION:		ESTIMATED TIME IN NUCLEAR MEDICINE
CARDIAC		
❑ Amyloid Scan	• No Preparation	20 minutes *(1st visit)*, 1 hour *(2nd visit)* for imaging
❑ Ventricular Function (MUGA) Rest	• No Preparation	Estimated time of test is 1 ½ hours
❑ Cardiac Perfusion (Myoview)	• May have a light breakfast morning of your test (i.e. toast or cereal) • No caffeine/decaffeinated products/beverages for 24 hrs prior to test • Bring list of current medications • Wear loose clothing and comfortable shoes.	You may be at the hospital for 4 to 6 hours
❑ **BONE**	• No preparation	20 minutes *(1st visit)* - for injection, you may leave the department after. 1 hour *(2nd visit)* – Return 2 to 4 hours later for imaging
❑ **BRAIN SPECT**	• No caffeine or alcohol for 24 hrs before scan • Bring a list of your medications	2 hours
❑ **GALLIUM**	• No preparation	15 minutes *(1st day)* – for injection 45 minutes *(2nd day)* – for imaging
❑ **HIDA**	• Nothing to eat or drink after midnight	1 to 3 hours
❑ **GASTRIC EMPTYING TEST (GET)**	• Nothing to eat or drink after midnight • Notify the department if you have an allergy to eggs (905-895-4521, ext. 2564)	2 hours
❑ **LIVER OR LUNG**	• No preparation	1 hour
❑ **MECKELS**	• Adults 18 years or older: obtain Famotidine (Pepsid, etc.) pills at your local pharmacy. Take 20mg of Famotidine 12 hrs prior to appointment time. Nothing to eat or drink after taking the Famotidine. • Children under 18: will be premedicated via an IV solution in the department the morning of the test. Do not give the child any food or drink after midnight	1 to 2 hours
❑ **PARATHYRIOD SCAN**	• No preparation	1 hour *(1st visit)* 2 appointment times ½ hour *(2nd visit)* 2 ½ to 3 hours apart
❑ **RBC LIVER SCAN**	• No preparation	1 hour *(1st visit)* 2 appointment times 40 minutes *(2nd visit)* 4 ½ to 6 hours apart
❑ **RENAL SCAN**	• Drink 3 to 4 glasses of fluids prior to arrival • May empty your bladder • Bring a list of your medications • Know your weight and height	1 ½ hours
❑ **SALIVARY**	• No preparation	1 ½ hours
❑ **THYROID UPTAKE WITH SCAN**	• Off thyroid medication for 2 weeks • No IVP or CT contrast for 2 months • Off kelp or vitamins with iodine for 2 weeks	15 minutes *(1st visit)* - for pill 45 minutes *(2nd day)* – for imaging
❑ **THYROID SCAN ONLY**	• Same preparation as Thyroid Uptake Scan	45 minutes

PRIVACY POLICY DOCUMENTATION
via QR code link below or via Southlake's privacy office webpage